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Mental
Health
Initiative

PEACE IN MIND

Digital Conference on psychosocial support
for youth in the school context in Poland and
Germany

ONLINE CONFERENCE

TUESDAY, 17.11.2026

12:00 - 15:00 CET

*ACCESS LINK WILL BE SENT
VIA E-MAIL AFTER REGISTRATION*

12:00 -
12:50



OFFICIAL OPENING & KEYNOTES

AN INTRODUCTION TO THE PEACE IN MIND PROJECT AND PERSPECTIVES FROM YOUNG PEOPLE, PRACTITIONERS AND RESEARCHERS.

1:00 -
2:00



INTERACTIVE SESSIONS



Youth Participation beyond the Buzzword

Explore how meaningful participation can strengthen young people's self-efficacy, sense of belonging and mental wellbeing in schools.

Facilitator: Micol Alberzzi



Peer to Peer Support Programmes

Discuss opportunities, challenges and ethical considerations when empowering young people to support one another.

Facilitator: Baris Altindag



Peace Corners and Self Regulation

Discover how schools can create supportive environments that help students manage emotions, build resilience and thrive.

Facilitator: Sophia Gläser

2:00 -
3:00



PANEL TALK AND Q&A

Explore lessons learned, future opportunities and pathways to sustainable impact.

Join the conversation on youth mental health in schools.
Registration until 16. 11. 2026

Register Now